

Elements of Health

Life Care for the 21st Century

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The Children of Tomorrow

It is becoming more and more evident that the children of today are quite different from those of previous generations. Some people would say this is because of different parenting techniques, however, there is evidence that it is more than this!

Some of what is to follow may be new and strange, while many of you already know, perhaps only sub-consciously, that things are changing with our children. While I don't claim to be an expert on the more esoteric nature of the children of today, it is evident in the clinic there is something quite different about a high percentage of the under sixes and many older children too.

There have been theories that in order for humanity to evolve, there would be generations of children born exhibiting strange and unusual genetic traits and abilities, enhancement of their present physical gifts, along with brighter minds and brighter futures. The hearts and minds of these children are very different from those who surround them. Often these children are born close to adults who are evolving themselves, and they are able to nurture and support these children in a world often unprepared for them.

The souls of these children are ancient and highly evolved. They are beings of great light and wisdom, truth and power, who have come to assist with the evolutionary process and the path of humanity through the difficult times which appear to surround us.

The first of these were called the Indigo Children and they began to incarnate around the early 1970s, so that some of them are already beginning to influence the world and steer it in the right direction from hidden seats of power and influence. They may be empathic and emotionally sensitive, prone to being dreamy, uncentred and ungrounded. They all benefit from a great deal of understanding, nurturing and love. Indigo Children are so named because it is said the Lemurians, from whom they are descended, had a tinge of indigo within their skin pigment. Interestingly, I am seeing more and more children needing the remedy Carcinisin (from the cancer family of remedies) where the blue discoloration of the sclera (whites of the eyes) is a keynote symptom!

The Crystal Children followed the Indigos, and are said to have come from the Atlantean period of history. These are the children with great minds, who are responsive to mental challenge and may be telepathic. They are the mathematicians, architects and scientists of the future, and need to be continually stimulated to live happily.

Finally came the Rainbow Children, who unlike the Crystal and Indigo Children do not come from one specific location, but rather were originally born into indigenous tribes throughout the world, whose shamanic interaction with the world strongly connected them to Spirit and nature. Some appear to be wild children who want to ramble and play, and may be labelled as having ADHD because of their restless nature. They are open to the angelic and elemental realms, and love animals.

The presence of these children in ever increasing numbers will aid us in returning to a point of clarity and truth about our world, encouraging mankind to learn from their experiences for the benefit of all, and guiding us to build a better connection with the Divine and a better future for all.

While some of this may sound a little airy fairy, I can assure you there are many of these children presenting for homeopathic treatment, requiring different remedies than I have used before. The rate of consciousness and the evolutionary energy of their bodies make it difficult for them to reside in a world which is developmentally so far behind them, and their health is often strongly challenged.

They find it hard to process foods which are so highly toxic and polluted - hence allergies, eczema, asthma, etc. These are also the children who do not do well with conventional medicine and seem to know that alternative therapies are their best option in treatment. Likewise, because their systems are evolving in a different way to our own, they do not tolerate vaccination well, again leading to allergies, and serious chronic illness.

Some of these children find it difficult to communicate with those whose communicative skills are so limited, often making them isolated and closed, giving them the appearance of being odd, autistic or suffering from ADHD.

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YOGA WORKSHOP

Saturday 18 March 1-4pm

Riverton Leisureplex

This is an opportunity to really get the most out of your yoga practice.

Spend an afternoon looking at the anatomy of the yoga postures we use most often in class and practising them. Understand the benefits and "feel" the posture when practised correctly.

Even if you have attended this workshop in previous years, a refresher is an important part of achieving optimum results.

*Bring your mat and a drink
\$40 per person (or \$30 if paid by 10 February)
See registration form enclosed*

Yoga Classes

Vinyasa (flowing) Yoga brings tranquillity by working the body through a series of flowing sequences.

This is yoga like you've never experienced it before!

Monday 7.00-8.30pm

Riverton Leisureplex

Wednesday 7.30-9.00

Lesmurdie Hall

\$15 per class (\$12 concession) or buy a block & save
Bring a mat or towel & a drink
No need to book

Inspired Life Path Readings

We all get stuck at times and need some guidance on what's holding us back from achieving our potential.

An Inspired Life Path Reading with Dean and Melanie can help answer some of your questions and give an indication of what you need to focus on.

Using a variety of power tools and a lot of divine guidance, we look at the effect the past is having on your present, how this relates to your future prospects and what potential the future holds for you. Being inspired through these insights will encourage you to move through difficult times, can help clear blocks, and will motivate you to change the seemingly unchangeable. To enhance the process in the following days, we select one of the *Twelve Harmonics For Soul Integration* (containing deeply acting channelled homeopathics) for you to work with.

These are exciting and inspiring sessions with many people achieving great life changes in a short time.

Call Melanie for an appointment.

The Children of Tomorrow Continued ...

They also learn differently to those who have come before and can find it hard to fit into the school system, causing frustration, behavioral problems and often presenting with developmental and learning difficulties.

These children are the children of tomorrow. They are the harbingers of our new world, and will become our teachers and our leaders, as well as our saviours and our hope. We must not make the mistake of casting them aside because they do not fit the mould. So many children now do not fit the mould, that it is time the mould was changed to accommodate the others who will follow. We cannot ignore them simply because we do not understand them, but we must begin to recognise that there are finer qualities in life than academic achievement. We must also understand that it is the heart and soul that carries the greatest power and weight within the world.

While they are young we must do our utmost to safeguard and protect them, care for their wellbeing, and steer them towards their greater destinies.

Thanks to Edwin Courtenay for Magpies No 10 from which part of this article is extracted.