

Other Useful Remedies

With only space for 20 remedies in the kit, there are obviously many other remedies you could add to a kit for your animals. These are just a few that can be useful.

Arg Nit - Included in AAA - Diarrhea from anxiety, before a show, travelling.

Borax - Fear from sudden noises, gunshots, explosions, etc.

Calendula - Included in Ouchy - for healing of open wounds.

Colocynthis - Colic, intestinal spasms.

China - Dehydration, eg after an endurance race.

Phosphorus - Overexcited, sociable animals that can exhaust themselves with their enthusiasm and love for humans. intensely clingy and fearful, especially of fireworks. Useful for bleeding, eg after a surgery or a wound.

Staphysagria - Abused animals, after surgery, after barbed wire injuries (along with Ledum, Hypericum or Ouchy)

Symphytum - To support healing of fractures.

Our homeopathic remedies and kits are suitable for the management of self-limiting and minor ailments and illnesses and not for the home treatment of chronic, ongoing or serious conditions or named diseases. For any ongoing chronic condition, it is important for your animal to be assessed/examined by a veterinarian.

Homeopathy is a traditional medicine and is deemed to be low risk by the Therapeutic Goods Administration. The remedies are effective when used in accordance with the homeopathic indications. It may be used in conjunction with other medicines. This information does not constitute medical advice and is for information only.

Dose

- Dose for remedies is 1 or 2 pilules or a few drops. Most animals don't mind taking remedies. It doesn't matter the size of the animal, the dose is the same!

- Cats can be more awkward and you may need to make the remedy up in water if you can't pop in the mouth. You'll find info on this in the FAQs on the website.

- If the situation is intense give a dose every 5-10 minutes for up to 5 doses, then spread out to hourly, 2 hourly and 4 hourly as improvement is seen over a few days.

- For less intense situations, we suggest giving the remedies 3 or 4 times a day for 3 days, then continuing to reduce as improvement is seen. Doses can be increased to more frequently if required.

- If there is no improvement after 5 doses, change your remedy or seek advice from your homeopath or vet.

Care of your remedies

1. While we always say not to touch the remedies with your hands, this doesn't always work with animals. Roll into lid of container and drop into your hand and in their mouth, on the floor or even in their water bowl for multiple doses.

3. Discard any pilules which are dropped as they may be contaminated.

4. Store remedies away from direct light & heat, strong smells (such as essential oils) and electrical appliances.



Homeopathic Kit

Animals & Fur Friends

Homeopathy is a system of natural medicine which is gentle and low risk, but dynamic in its action. It is useful for managing minor accidents, injuries and acute illness. If applied according to homeopathic principles it will generally work quickly and well.

While veterinary regulations around duty of care to your animals are fairly strict in Australia, a few homeopathic remedies can make all the difference, whether you're waiting to see the vet after an accident or injury, post vaccination or post surgery, or just for minor acute illness or behavioural issues, like a new baby or a new pet!

We've selected a mix of single and combination remedies from our range, to give you the broadest coverage with the minimum number of remedies. You may of course need to add to your kit, but you should have something to fit most immediate needs.

Homeopathy does not interact with other medicines or modalities, so you can happily give remedies alongside other medications.

For additional home information, we recommend Jan Owen's *Homeopathy for Home Prescribers* in addition to this flyer. It's a great little book that you can apply to your animals, as well as your family.

If in doubt as to the nature of a condition in your animal or if your home remedies are not helping, do see your vet for an assessment as soon as possible. Sometimes conditions in animals can be worse than we realise!

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What's in the Kit?

1. Aconite 30c Symptoms are usually sudden, acute, intense & painful. May be very fearful & restless with strong thirst. May come on after a fright or shock. Useful at first sign of cold, fever, etc.

2. Arnica 30c First remedy after accident or injury, to reduce shock, bleeding & bruising. Don't want to be touched or assisted. Very restless. Sprains, strains, over-exertion. Sore, bruised, aching pain. Use before and after birthing and for surgery. Worse for touch.

3. Arsenicum Album Extremely anxious & restless. Fear when alone, fussy & clingy. Very thirsty for frequent sips. Burning pains & discharges - mucous, food poisoning, diarrhoea, etc. Worse around midnight and better for company.

4. Belladonna 30c Throbbing pains, burning radiating heat, bright red mucosa, restless, usually no thirst with fever. Mastitis, laminitis. Aggressive animals, rage.

5. Euphrasia 30c Eye problems, red inflamed eyes, conjunctivitis with watery discharge, like tears.

6. Gelsemium 30c Heaviness, weakness, drowsiness with drooping eyelids. Paralysed by fear, trembling, crouching. Acute illness with heavy eyes and heavy body, with frequent urination or diarrhoea. Symptoms after shock or fright.

7. Hepar Sulph 30c Over-sensitivity is a keynote. Angry, irritable - very difficult when sick. Very chilly. Good for inflammation which is slow to resolve - ear infections, wounds, abscesses, particularly after a cat fight/bite.

8. Hypericum 30c "Arnica for the Nerves" Shooting pain, nerve pain, sciatica, numbness or tingling. Injury to coccyx, surgical pain, forceps delivery, dental work, puncture wounds. Injury to tails & paws (slammed in doors, etc).

9. Ignatia 30c Grief after loss of a loved one, grief on moving to a new home or after new baby or sibling arrives. Can be quite emotional and moody.

10. Ledum 30c Puncture wounds, eg rusty nails, insect stings, animal bites, bruises, eye injuries. A good post-vax remedy or contact us for the ImmSafe Program for pets. Animal may feel intensely cold, as may injured part, *but* better by cold applications. Affinity for capillaries (bloodshot, bruised or black eyes). Parts become blue, purple and puffy. Weakness, numbness or twitching of part.

11. Merc Sol 30c Like a barometer, changeable, uncertain. Offensive breath, sweat, discharges, which may burn. Yellowish-green, burning discharges. Metallic taste, profuse saliva, bleeding gums. Ulcers in mouth, throat, eyes, genitals, etc. Easily overheated/chilled.

12. Nux Vomica 30c Over-sensitive to external stimuli. Excitable, impatient, angry, quarrelsome animals. Colic from over-eating.

13. Pulsatilla 30c Affectionate, timid, clingy, whingy. Changeable moods & symptoms. Desire company. Chilly but dislike heat & stuffy rooms. Usually thirstless. Lots of mucous, thick, yellow or yellow-green, bland. Ear pain & ear or eye discharge, upset tummies.

14. Silica 30c Useful to courage expulsion of grit, dirt, or foreign objects from a wound, to resolve scar tissue & complete abscess healing. Also useful for timid, shy animals.

15. Sulphur 30c A common homeopathic remedy for skin conditions which are hot, red, itchy. Animal may be worse for hot weather, hot room or hot bath. Use sparingly & if symptoms don't improve in a week or two see your homeopath or holistic vet.

16. Stramonium 30c Situations where an animal is presenting with extreme fear, terror, fits of aggression for no apparent reason. Useful in situations where an animal has been abused & is very fearful.

17. AAA Includes those remedies traditionally indicated for intense anxiety, stress and strong fear - *Aconite, Arg Nit and Ars Alb*. Can be useful if you can't choose a single remedy to give before or during an event where you know your companion will experience intense anxiety or fear, eg going to the vet or the groomer, fireworks, etc.

18. Bites & Stings To assist with symptoms of itching, swelling, burning, stinging & rashes from a variety of animals and insects. Includes *Cantharis* so may also be helpful for the early stages of a UTI.

19. Ouchy This is a combination of the most commonly indicated & most frequently required homeopathic remedies for first aid situations to assist in the soothing & healing of minor wounds, accidents & injuries. We've also included remedies to help avoid inflammation. If you feel like you need several of the single remedies in the list for a situation, try Ouchy as it should include what is indicated.

20. RRA A traditional combination of *Rhus Tox, Ruta & Arnica*, RRA may be helpful for sprains, strains, aches & pains, bumps & bruises, as a result of an accident, injury or overexertion. It can also be a useful support for soreness after a visit to the Osteo/chiro, Bowen therapist or the vet generally! It is also useful for older, arthritic animals.

21. S.O.S. This is our own version of *Rescue Remedy*, created for the times we live in & more appropriate for the experiences of the 21st century. Useful for shock, trauma, after accidents or for hyper, excitable pets. Anxiety before an event, such as going to the vet. Can be applied to bites, stings, bruises, etc.

We've supplied this remedy as drops because when your pet is very anxious or has had an accident or trauma, this can be an easy way to give to them.

Drop on the paw, the top of the head or in the mouth and it will do its work.

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